### School Health Advisory Committee Meeting

### September 19, 2019

# Lee County Public Education Center

8:30 - 10:00 am

## Members/Guests/Presenters

Boyd, Gwen LCSD - School Nurse

Bradley, Chuck SDLC - Director of Prevention

Carroll, Amy LCSD-Supervisor of Food Procurement

Carty, Carrie FSW-Nursing Professor Comella, Deb Drug-Free SWFL Director

Delacruza, Sindia FDOH

Freve, Patricia LCHD - Nursing Program Specialist

Kasner, Garrett Hanley Foundation

Kirkwood, Kevin DOH - Lee

Kurtz, Julie LCSD-Registered Dietitian

Leon, Catherine FDOH - Area 8 Perinatal Linkage

Mariur, Harry

Miner, Moira LCSD - ESE Nurse Specialist
Noble, Julie Lee Memorial - Project ADAM
Oliva, Manuel Florida Army National Guard

Ortenzo, Janet Vice President

Parker, Heather LCSD-Wellness Coordinator

Peters, Pam FSW- Professor, Social & Human Services Roy, Leisha LCSD-Health Educator: SHAC Co-Chair

Seraphin, Christie DOH - Health Services Rep
Thompson, Sara LCSD - Prevention Specialist

Vaughn, Betsy LCSD - Board Member

Wenzel, Sherry LCSD - Coordinator, School Counseling

Wiggins, Dr Stan Pediatrician: SHAC Co-Chair

Wipf, Beth LCSD - Health Services Coordinator

Wolff, Jennifer Evangelical Christian School Wynne, Kathy LCSD - Prevention Specialist

Meeting was called to order at 8:30 by Leisha Roy

### Introduction of members

Minutes of previous meeting were approved unanimously with Deb Comella making a motion to approve and a second was made by Beth Wipf.

### **New Business**

Nominations for Chair/Co-Chairs – Leisha asked for nominations, Beth Wipf nominated Leisha Roy and Stan Wiggins as Co-Chairs. No other nominations were offered. Chuck Bradley moved to close nominations. Sherry Wenzel seconded. Leisha and Stan were unanimously approved as Co-chairs for the current year.

Update on Legislative Priority – Betsy Vaughn presented the School District's proposal for a Comprehensive Health Plan which will be presented to Legislators for the upcoming session. This was voted on unanimously by the School Board.

This plan is designed in Tiers:

Tier 1: The best program, the State will provide 2.5 million dollars which will provide all middle school students one semester of health education per year. Of those funds, 2.3 million will be reserved to hire 34 new teachers to implement the program.

Tier 2: The State will provide 1.79 million dollars which would cover all seventh and eighth graders to receive one semester of health education. Twenty-four teachers would be hired.

Tier 3: The State would provide 893,000 dollars to cover all eighth-grade students receiving one semester of health education and 12 additional teachers would be hired.

In Tiers 2 and 3, the School District would continue to be responsible for the funding of all sixth graders to receive one semester of health education.

There was a discussion and Leisha reviewed that a policy was passed in 2017 to have all sixth graders receive one semester of health but this has been in the works since 2012.

Question was asked if we are the only District requesting this and Leisha responded that she did not know, but this is our District's priority.

Betsy said that there are monthly meetings with the local delegation, where this will be presented. She also said we will be working with our lobbyists to help us to get this passed. This would be for a 2020-2021 implementation.

Leisha shared that the Health certification exam is the most failed certification exam.

<u>Health Department/Immunization Overview</u> – Pat Freve, School Health Liaison, introduced Christie Seraphin, Health Services Rep, that works with her and is responsible for the PowerPoint presentation.

Pat gave an overview of how the "Back to School Rush" went this year. School Rush is a 2-week period and this year was scheduled from July 29, 2019 to August 13, 2019. The Department of Health, School Enrollment and Health Services worked together to get everything completed this year.

In that 2-week period about 2000 clients were seen and about 4000 services were provided. This year was the most clients that have been seen during this 2-week time period. There was a decrease in clients during 2017 period related to unpreparedness and the hurricane that hit our area. As a result of this, the start of the school year was more difficult because students had not received the immunizations, they needed to start school. The goal is to see less kids during the 2-week period and more kids taken care of before the rush.

The number of vaccines that were given between 2018 and 2019 showed a 77% increase. The Kinrix vaccine, which is a kindergarten vaccine given to kids just starting school, increased by 100% between 2018-2019. The TDAP vaccine, which is a booster shot given to all students prior to the start of their seventh-grade year, increased by 65%. This shot can be given as early as 11 years of age, so hopefully in the future students will start getting this immunization earlier.

Pat also spoke of the Kindergarten Roundup which is done in November to try and get all students entering Kindergarten immunized prior to enrollment.

The Health Department is working to streamline and improve the technical side of immunizations and immunization transfers. More people are being trained on Florida Shots which is an online program to track students and their immunizations.

Students that have religious exemptions must come to the Department of Health to be counseled on getting immunizations. They are asked to sign a paper stating that they understand what it means not to have their child immunized. They are only required to get the religious exemption once and they can get certain immunizations even if they have a religious exemption.

Students who come into the school district without any immunizations are given a "starter pack" of immunizations and then given a date to come back. If the student doesn't return, they are in non-compliance and they can be excluded from school until their immunizations are received. Health Services works with the families to get all their vaccines on a timely basis.

"Back to School Rush" - Beth Wipf, Coordinator for Health Services, reviewed the program put on in coordination with the Department of Health, Lee Health System and the School District. This program was held the Saturday before school started, August 3<sup>rd</sup>. School Enrollment was open for the day, there were 12 school nurses and 8 physicians that provided physicals and screenings for some new to the county parents, kindergarten parents, etc. The school nurses provided vision, hearing, height and weight screenings. Lunch was also provided for the families. Mental Health Services were present for the families that were interested. The District is hoping to expand the program next year.

School Health Ad Hoc Committee – Leisha Roy gave an update on the Ad Hoc Committee for School Health. The "White Paper" is currently with the Department of Health. The focuses were Health Education, Health Services and Funding. This must be approved by the Department of Health before it goes to the appropriate committee and then it will need a sponsor. This will probably be going to Tallahassee when the District's legislative priority is going.

<u>Professional Development – Health Education Certification</u> – Leisha Roy worked on a State-wide committee to create a FREE online Professional Development Program to help teachers with the Health Education Certification (K through 12). It will be rolled out September 27, 2019. It resides on the Canvas platform. People can go online to review the 8 modules before taking the 120-question practice exam. It goes through all the 16 competencies. There are also online resources. The course can be downloaded and is audible so you can listen to it anywhere.

There has been some discussion on designing service points for the people who complete these modules. It will also give the attendees a better idea of whether they will pass the test.

Health Education Rulings - currently unfunded:

In August, the state passed a rule that all counties provide five hour Mental/Emotional State program for 6th through 12th and there will be sanctions for all counties that don't comply.

Earlier in September, a rule was passed for a drug/substance abuse program K through 12 – hour requirement still to be determined.

There will soon be a human trafficking requirement for K through 12.

### GOOD OF THE ORDER

- FSW sponsoring a conference on Friday, October 25, 2019 from 1:00 to 4:30. Flyer attached. Program will be on Newborn and Children Substance Exposure.
- School District received the Silver Award for Health Recognition and will be recognized on 10/7/19 by the Board.
- The Health Living Lab and the Fit Lab will be posting new positions for these programs. The program will hopefully be back up and running soon. Healthy Living Lab serves K through 5.
- Drug House Odyssey video is complete (23 minutes) can be watched or downloaded at www.drugfreeswfl.org. For kids in 4<sup>th</sup> grade or higher.
- Drug House Odyssey 2020 will be the first week in February. Fifth graders are encouraged to attend. National Guard and helicopter will be there also.
- Janet Ortenzo extended an invitation to attend the Florida Coalition Against Human Trafficking Regional Partners Meeting on Thursday, November 14, 2019 at 11:00am. The meeting will be held at the South Trail Fire District at 10500 Sophomore Lane. Fort Myers, FL 33902. The speakers will be Amira Fox (State Atty. General for the 20<sup>th</sup> Judicial Circuit), Francine Donnorummo (Special Victims Unit Chief) and Amanda Krause (Specialty Courts Coordinator for the 20<sup>th</sup> Judicial Circuit).
- Flyers/posters were presented regarding Human Trafficking. They are going to be placed in the Middle and High School bathrooms. The posters are designed to teach people what to look for regarding human trafficking.
- Manual Oliva from the Florida Counter Drug Program spoke of the Night Vision Program which can be presented to any school, age child. The programs can be curtailed to fit many needs. Please see attached information.
- Leisha is trying to get a rep from Cape Coral Police Department and the Sheriff's Department to be a part of the SHAC Committee.
- Leisha also shared that Michele King will be organizing a parenting class for the parents at LAMP. It will teach them Infant/Child CPR and other important health information.
- Heather Parker shared that the Lee County School District was received an Award for Blue Zone

   Positive Healthy Behavior, in July. There are many healthy programs that the District puts on for employees. The next step is to roll out a healthy program at each school level. Bonita Elementary, Bonita Middle and Bonita High will be the pilot schools to help develop and roll out these programs. This will be starting in January.
- The Department of Health will be having a Mental Health First Aid Instructor class on November 18<sup>th</sup> through the 22<sup>nd</sup>. These people will be taught how to teacher the Mental Health First Aid Classes. There is also a meeting to determine interest for the Instructor class which will be held on October 18, 2019 at 2:00pm at the North Fort Myers Department of Health location 83 Pondella Road.

Meeting adjourned at 10:00.