



# Dance Techniques 1

Course Dance Techniques 1#0300310  
<https://www.cpalms.org/PreviewCourse/Preview/3846>



Curriculum Map



Sequence



Supports



Feedback

Quarter	Unit	IG	Topic Name	Standards	Assessment	Days*
First Quarter	1-1 <b>Strengthening and Conditioning</b>		- Variations on Warm Up Techniques	<a href="#">PE.912.M.1.15</a> <a href="#">DA.912.S.3.2</a> <a href="#">DA.912.F.3.6</a>		
			- Basic Anatomy/ Alignment	<a href="#">DA.912.S.1.3</a> <a href="#">PE.912.M.1.19</a>		
			- Introduction to Pilates/ Yoga/ Bartenieff	<a href="#">DA.912.O.3.2</a>		
			- Basic Health Properties/ Importance	<a href="#">DA.912.H.3.3</a> <a href="#">HE.912.C.1.1</a> <a href="#">HE.912.C.1.4</a>		
	1-2 <b>-Proper Dance Techniques Fundamentals/ Introduction to Ballet</b>		- Techniques and Terminology	<a href="#">DA.912.O.3.5</a> <a href="#">DA.912.H.3.5</a>		
			- Class, Performance, and Audition Etiquette	<a href="#">DA.912.O.1.2</a> <a href="#">DA.912.S.2.1</a>		
			- Intro to Ballet Technique, History, Style, and Terminology	<a href="#">DA.912.H.3.5</a>		
Second Quarter	2-1 <b>Intro to Jazz Dance</b>		-Musical Theater/Theatrical Jazz Technique, History, Style and Terminology -Cultural Context	<a href="#">DA.912.O.1.2</a> <a href="#">DA.912.H.3.5</a> <a href="#">DA.912.S.2.2</a> <a href="#">DA.912.S.2.4</a> <a href="#">LAFS.910.RST.2.4</a>		
	2-2 <b>Modern Dance Fundamentals</b>		-Intro to Modern Dance Technique, History, Style, and Terminology -Cultural Context	<a href="#">DA.912.S.3.1</a> <a href="#">DA.912.S.3.3</a> <a href="#">DA.912.H.3.5</a> <a href="#">LAFS.910.RST.2.4</a>		



Third Quarter	3-1	World Dance	<ul style="list-style-type: none"> <li>• Intro to global dances styles, traditions, history and terminology</li> <li>• Cultural Context</li> </ul>	<a href="#">DA.912.H.1.1</a> <a href="#">DA.912.H.3.5</a> <a href="#">DA.912.H.1.4</a> <a href="#">DA.912.H.1.5</a>  <a href="#">DA.5.H.1.2</a>		
	3-2	Introduction to Composition	<ul style="list-style-type: none"> <li>• Intro to movement elements and choreographic skills, tools and concepts</li> <li>• Cultural Context</li> <li>• Introduce Choreographic Tools (ABA, Rondo, Canon, Retrograde, Stacking)</li> </ul>	<a href="#">DA.912.C.2.1</a> <a href="#">DA.912.C.2.4</a> <a href="#">DA.912.S.1.2</a> <a href="#">DA.912.S.1.4</a>		
Fourth Quarter	4-1	Movement and music structure/ Intro to Improv	<ul style="list-style-type: none"> <li>- Identify various time signatures (3/4, 4/4)</li> <li>- Understand music phrasing</li> </ul>	<a href="#">PE.912.M.1.6</a> <a href="#">DA.912.S.3.4</a>		
			<ul style="list-style-type: none"> <li>- Intro to Improv</li> <li>- Present various improv movement exercises (music, visual aid, movement task)</li> </ul>	<a href="#">DA.4.S.1.2</a> <a href="#">DA.3.S.1.2</a> <a href="#">DA.912.S.1.2</a>		
	4-2	Introduction to Pedagogy	<ul style="list-style-type: none"> <li>-Be able to review a peer’s work with a strength and area for improvement</li> <li>- Basics of exercise creation</li> <li>-Differentiation of presentation and breakdown of exercises</li> </ul>	<a href="#">DA.912.S.1.4</a> <a href="#">DA.912.O.1.3</a> <a href="#">LAFS.910.WHS</a> <a href="#">T.2.4</a>		

\*The days provided for each unit/topic is an estimate that may be adjusted by subject-level PLCs based on student achievement data. The days are based upon **every other day scheduling** and should be adjusted, if necessary, based upon a daily format. The recommended days shown are less than the actual days for each quarter to allow for additional time for routines, testing, absences, remediation and outside considerations.

