



Dance Techniques 2

Course- Dance Techniques 2 #0300320
[CPALMS Dance Techniques 2](#)



Curriculum Map



Sequence



Supports



Feedback

Quarter	Unit	IG	Topic Name	Standards	Assessment	Days*	
First Quarter	1-1 Strengthening and Conditioning		Use of full body movement systems such as Pilates/Yoga/ Bartenieff to warm up and their benefits for dancers Use of theraband and importance of self warming before the start of class	PE.912.M.1.15			
			Injury prevention and care	DA.912.H.3.3			
			Anatomy and Body Alignment	DA.912.F.3.5 DA.912.O.3.2 DA.912.S.3.1 PE.912.M.1.19 SC.912.L.14.14			
			Importance of Proper Nutrition and Health	DA.912.H.3.3 HE.912.C.1.1 HE.912.C.1.4			
	1-2 Review of Dance Techniques and Proper Fundamentals/ Ballet		Techniques and Terminology	PE.912.C.2.2 DA.912.S.3.4			
			Class, Performance, and Audition Etiquette	DA.912.O.1.2 DA.912.S.2.1			
			Ballet Technique, History, Style, and Terminology	DA.912.S.3.10 DA.912.S.3.4 DA.912.S.2.4			
			Stage Directions				
	Second Quarter	2-1 Tap Dance		Development of Tap Technique, Vocabulary, and Composition	DA.912.H.3.5 DA.912.S.2.4		
				Cultural Context	DA.912.H.3.2		
2-2 Modern Dance			Development of Modern Dance Technique, Vocabulary, and Style	DA.912.H.3.5 DA.912.H.3.2 DA.912.S.2.4			
			Limon, Graham, Horton	DA.912.H.1.5			
Third Quarter	3-1 Jazz Dance		Jazz Technique, Style, History and Terminology	DA.912.H.3.5 DA.912.S.2.4			
			African Dance/ Hip Hop and its connection to African	DA.912.H.1.5 DA.912.H.3.2			
			Musical Theater				
	3-2 Fusion Dance (contemporary/ modern)		Contemporary work with Modern dance principals creating new	DA.912.O.3.1 DA.912.F.3.8 DA.912.H.1.5			



Fourth Quarter	4-1 Movement and Music Structure/ Improvisation	Movement Elements	DA.912.S.1.4 DA.912.S.3.6 MU.912.C.1.1			
		Choreographic Tools (ABA, Rondo, Canon, Retrograde)	DA.912.S.2.3			
		Structured Improvisation (movement tasks, ideas, musical or visual aid)	DA.912.C.2.1			
	4-2 Pedagogy	Exercise creation differentiating presentation and breakdown Use of technology Ways of giving criticism and compliments	DA.912.O.1.3 TH.912.C.2.7 VA.912.C.2.2 LAFS.910.SL.1.2			

*The days provided for each unit/topic is an estimate that may be adjusted by subject-level PLCs based on student achievement data. The days are based upon **every other day scheduling** and should be adjusted, if necessary, based upon a daily format. The recommended days shown are less than the actual days for each quarter to allow for additional time for routines, testing, absences, remediation and outside considerations.

