



M/J Dance 1

Course #0300000

[M/J Dance 1 CPALMS](#)

Quarter	Unit	IG	Topic Name	Standards	Assessment	Weeks
First Quarter	1-1 Class Introduction		Establish class rules, dance class etiquette, and expectations.	DA.68.C.2.1 PE.6.M.1.11	Daily participation grade	1 week - (first day(s) of class)
	1-2 Dance and anatomical vocabulary for proper warmup and injury prevention 1-3 Introduce Basic Technique 1-4 Ballet positions Positions		Introduce basic anatomical and alignment vocabulary, warmup and injury prevention.	DA.68.O.3.5 DA.68.F.3.5 HE.7.C.1.4	Teacher observation with class and individual feedback as needed.	2 weeks
			Introduce dance basics - vocabulary and movement.	DA.68.S.3.1 DA.68.S.1.4 DA.68.S.3.5	Teacher observation with class and individual feedback as needed.	6 weeks
			Students learn 5 basic ballet positions	DA.68.S.3.1 LAFS.68.RST.2.4	Teacher observation with class and individual feedback as needed.	
			Incorporate larger movements into class.	DA.68.H.3.5 DA.68.S.3.3 DA.68.S.3.2		2 weeks
Second Quarter	2-1 Build upon induction movements & vocabulary					
	2-2 Begin preparing for winter performance - dance combinations		Begin preparing for semester performance - dance combinations.	DA.68.S.2.1 DA.68.S.3.7 DA.68.F.2.1		2 weeks
	2-3 Rehearse for performance 2-4 Post performance		Rehearse for semester end performance.	DA.68.O.1.2 DA.68.S.2.5 DA.68.S.3.4		4 weeks
			Post performance, analyze performance & compare genres of dance learned this semester.	DA.68.C.2.1 DA.68.O.1.1		1 (after performance)
Third Quarter	3-1 Introduce 2nd semester concepts		Establish class rules, dance class etiquette, and expectations.	DA.68.S.2.1 DA.68.C.1.2		1 week
	3-2 Students explore movement and choreography on their own.		Introduce the concept of improvisation, choreography, and plagiarism.	DA.68.F.1.3 DA.68.H.1.3 DA.68.C.2.1 DA.68.O.2.1		2 weeks
	3 - 3 Encourage					



	carrying over corrections to each class.	Continue to use dance and anatomical vocabulary with dance combinations to carry over corrections between classes.	DA.68.H.3.3 DA.68.O.3.5 DA.68.S.2.4		3 weeks
Fourth Quarter	4-1 Cultural & Social Dance 4-2 Demonstrate knowledge of the body. 4-3 End of semester show 4-4 Post performance	Introduce how cultural and social dance are used in the world of dance.	DA.68.H.1.2 DA.68.H.2.2		2 weeks
		Apply movement and body knowledge in dance technique and body alignment.	DA.68.O.3.5 DA.68.H.3.3	Teacher observation	2 weeks
		Prepare and rehearse for the end of semester show.	DA.68.O.1.2 DA.68.S.2.5 DA.68.S.3.4 DA.68.S.2.1	Performance rubric	4 weeks
		Analyze performance and record the year's performance in a journal or list on a Google Doc.	DA.68.S.3.4 DA.68.C.2.2	Student self-evaluation	1 week
		Throughout the year ELD.K12.ELL.SI.1			

*The days provided for each unit/topic is an estimate that may be adjusted by subject-level PLCs based on student achievement data. The days are based upon **every other day scheduling** and should be adjusted, if necessary, based upon a daily format. The recommended days shown are less than the actual days for each quarter to allow for additional time for routines, testing, absences, remediation and outside considerations.

