



| Quarter           | Unit  | Instructional Guide  | Benchmarks  | Days* |
|-------------------|---|--|---|-------|
| Fourth<br>Quarter | <p align="center"><b>Family Life</b></p> <p><b>*Benchmark highlighted in Red is eligible for the <u>"Opt-Out" Waiver</u></b></p>  | <p>Community and Environmental Health<br/>Consumer Health<br/>Personal Health Concepts</p> | <p>HE.7.CEH.1.1<br/><b>HE.7.CEH.1.2</b><br/>HE.7.CH.1.1<br/>HE.7.PHC.1.1<br/><b>HE.7.PHC.1.3</b><br/>HE.7.PHC.1.4<br/>HE.7.PHC.2.1<br/>HE.7.PHC.3.2<br/>HE.7.PHC.3.3<br/><b>HE.7.PHC.3.4</b><br/>HE.7.PHC.3.5<br/>HE.7.PHC.3.7<br/>HE.7.PHC.3.8<br/><b>HE.7.PHC.3.9</b><br/>HE.7.PHC.4.1</p>                                      | 20    |
|                   | <p align="center"><b>Communicable Diseases vs Non-Communicable Diseases</b></p> <p><b>*Benchmark highlighted in Red is eligible for the <u>"Opt-Out" Waiver</u></b></p> | <p>Community and Environmental Health<br/>Consumer Health<br/>Personal Health Concepts</p> | <p>HE.7.CEH.1.1<br/><b>HE.7.CEH.1.2</b><br/>HE.7.CEH.3.1<br/><b>HE.7.CEH.3.2</b><br/>HE.7.CH.1.1<br/>HE.7.CH.4.1<br/><b>HE.7.PHC.1.2</b><br/><b>HE.7.PHC.1.3</b><br/>HE.7.PHC.1.4<br/>HE.7.PHC.2.5<br/><b>HE.7.PHC.2.6</b><br/><b>HE.7.PHC.3.4</b><br/>HE.7.PHC.3.7<br/>HE.7.PHC.3.8<br/><b>HE.7.PHC.3.9</b><br/>HE.7.PHC.4.1</p> | 16    |