



Quarter	Unit	Instructional Guide	Benchmarks	Days*
Fourth Quarter	<p>Family Life *Benchmark highlighted in Red is eligible for the “Opt-Out” Waiver</p>	<p>Community and Environmental Health Consumer Health Personal Health Concepts</p>	<p>HE.8.CEH.1.2 HE.8.CEH.3.1 HE.8.CEH.3.3 HE.8.CEH.4.1 HE.8.CEH.4.2 HE.8.PHC.1.1 HE.8.PHC.1.3 HE.8.PHC.2.8 HE.8.PHC.3.2 HE.8.PHC.3.4 HE.8.PHC.3.6 HE.8.PHC.3.9</p>	20
	<p>Communicable Diseases vs Non-Communicable Diseases *Benchmark highlighted in Red is eligible for the “Opt-Out” Waiver</p>	<p>Community and Environmental Health Consumer Health Personal Health Concepts</p>	<p>HE.8.CEH.2.2 HE.8.CEH.3.1 HE.8.CEH.3.2 HE.8.CEH.3.3 HE.8.CH.1.1 HE.8.CH.3.1 HE.8.PHC.1.2 HE.8.PHC.1.3 HE.8.PHC.3.2 HE.8.PHC.3.4 HE.8.PHC.3.5 HE.8.PHC.3.9</p>	16